

Weekly Message Study Guide

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Speaker: Rev. Dr. Dan Meyer • September 12

1. Read and reflect on Psalm 145:14, “The Lord upholds all who fall and lifts up all who are bowed down.”

- Read it slowly. Prayerfully, three times pausing in silence for five seconds between each reading.
- Sit with it in your mind and heart ... what word or phrase do you discern the Spirit is pointing out to you, why?

2. In our current “season” these past eighteen months how have you weathered? How is your soul? Your relationship with Jesus?

3. We seek to engage in three spiritual movements this coming year.

A. LIFT our eyes to God

- Reflect on Psalm 121:1-2, Isaiah 40:26, Romans 12:2.
- *Where are your eyes and ears focused these days? How are you practically lifting them up towards God?*

B. LIFT up Jesus

- Reflect on John 12:32.
- How are you practically enabling others to see Jesus by how you live Jesus up through your life lived?

C. LIFT up more of the people Christ hears, sees and loves.

- Reflect on Mark 27, John 13:34.
- How can you grow in lifting others towards Jesus? Be as practical as possible. Think through your day from start to finish and how write down opportunities that you see.

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4. Reflect on how we seek to LIFT many more people toward their full potential in life through

1. Fostering a **Leader Revolution** that further unleashes the giftedness of our church.
2. Building an **Invitational Culture** that enlists the whole congregation in helping many more along the path toward being like Jesus.
3. Multiplying **Flourishing Groups** where we experience ourselves and extend to the wider world Christ's life-changing love.
4. Providing **Tech Touchpoints** that build resourceful relationships with people whose first encounter with us or the gospel will be in the digital space.

5. From the areas of LIFT above, which one most excites you based on your giftings and passions? What are ways you can engage to help us LIFT those in our church and community to greater love and flourishing with Jesus at the center of their lives?

By God's grace let's LIFT...

- **1 person** each week to a higher level of thriving
- **10 communities** around us to a better quality of life
- **100 groups** (or more) to greater missional impact
- **1000 families** to a higher level of health and influence
- **10000 people** toward their God-given potential

**Spend some time in silence listening for the voice of Jesus. What Do you hear?
Write a prayer in response to our vision for this next season.**