

## **2 Minutes of Daily Strategic Prayer**

- Lift up in prayer your one daily item from the Strategic Prayer Data Sheet
- Pray the following prayers for the two members of your PrayerCord:
  - Pray that the Holy Spirit would help them (and you) to grow in fervent and righteous prayer
  - Pray for their moral, physical, spiritual and emotional protection
  - Pray that they would interact with the Word on a daily basis, and be taught by the Spirit

It is important for your partners and the Kingdom that you do pray for each of the above categories of prayer. At this time two minutes is all that is being asked of you. This should be easy...

Thank you to the Strategic Prayer Initiative for offering this wonderful guide to pray.

## **3 Vital Questions for Growth**

(To be asked at least monthly)

1. Have you achieved your two minutes a day of strategic prayer?  
Yes, No, or Almost
2. Have you been in the Word daily? Yes, No, or Almost
3. Have you given in to significant sin during the past month? Yes or No

At least once a week (possibly Sunday) insert the two members of your Cord into this powerful Scriptural prayer and pray it for them. This is arguably one of the most powerful growth prayers that can be prayed on their behalf.

**Radical Growth Prayer for Your PrayerCord** (Ephesians 3:16-21 NIV)

I pray that out of (Your) glorious riches (You will) strengthen (insert the names of your Cord partners into the blanks) \_\_\_\_\_ and \_\_\_\_\_ with power through (Your) Spirit in (their) inner being, so that Christ may dwell in \_\_\_\_\_ and \_\_\_\_\_ hearts through faith. And I pray that \_\_\_\_\_ and \_\_\_\_\_, being rooted and established in love, may have power, together with all the saints [true Christians\*], to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge, that \_\_\_\_\_ and \_\_\_\_\_ may be filled to the measure of all the fullness of (You) God. Now to (You) who is able to do immeasurably more than all we ask or imagine, according to (Your) power that is at work within \_\_\_\_\_ and \_\_\_\_\_, to (You) be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen. [\*Phil. 1:1, 1 Cor. 14:33, Rom. 1:7, etc.]

**Weekly Self Maintenance Record**

Jan 1 2 3 4  
Feb 1 2 3 4  
Mar 1 2 3 4

Apr 1 2 3 4  
May 1 2 3 4  
Jun 1 2 3 4

Jul 1 2 3 4  
Aug 1 2 3 4  
Sep 1 2 3 4

Oct 1 2 3 4  
Nov 1 2 3 4  
Dec 1 2 3 4