

FALL SABBATH

The Fall Sabbath retreat is right around the corner! Please arrive at our Oak Brook branch no later than 6:00 pm on Friday, October 15th. The vans will depart promptly at 6:30 pm. If you have medication to check in for your student, please arrive at 5:45pm. Please eat dinner prior to arriving at Christ Church as the vans will not make stops during the trip. If you do not plan to ride up on the vans and did not indicate that in the registration, please be sure to let us know ASAP. We will be sending out more details on a late vehicle as we get closer to the trip

We will return to Christ Church on Sunday, October 17th, by approximately 3:00 pm depending on traffic (there will be no Koinonia gathering that night). We will send arrival updates to our text alert system. Sign up for text alert by sending "@HSUpdate" to 81010.

The packing list is as follows:

- Bible + Notebook
- Sleeping bag or sheets and Pillow, Towel + Toiletries
- Face Mask
- Flashlight/Headlamp + Reusable Water Bottle
- Clothes for a weekend away + Warm clothes for cool evenings
- Games/sports equipment for free time
- A warm + modest costume or fun outfit for our Annual Kickball Tournament (optional)
- Money for Paintball (\$10/person), Horseback Riding (\$10/person), and/or snackshop
- **Do not** bring any alcohol/tobacco/vape products
- **We ask that students leave cell phones at home to fully engage with the community that they are present with! We will be providing updates via Text and Instagram (@christchurchhs)**

COVID Protocol

We are committed to creating and keeping a safe environment for our students and staff for all of our student events. We will be operating under the same guidelines for exposure mitigation as we had for our Koinonia Summer Retreat in August which are as follows:

- 1) We ask that every participant submits proof of a negative COVID test taken within 3 days of camp. These can be sent to jjohnson@christchurch.us
- 2) We will travel by cabin in 15-passenger vans to and from camp as opposed to buses.
- 3) Anytime students/staff are indoors with people other than their cabinmates, we will wear masks. Outdoors and in cabins, masks are not required

Final Paperwork + Insurance

If you are sending your student with medication that you would like our staff team to handle, please complete this form and return to Julie Johnson:

<https://www.christchurch.us/attachments/AUTHORIZATION%20TO%20ADMINISTER%20MEDS%20-%20Christ%20Church.pdf>

If you have not submitted an insurance card copy (front and back) or would like to submit an updated card since your last trip with Christ Church, please send that to Julie as well.

If you have any questions, please contact me at jjohnson@christchurch.us or 630-321-3933. In case of emergency during the trip, please contact Aaron Foster at 630-267-0802 or Steve Noble at 619-244-2638

See you all on Friday the 15th!