

Dear Camp Cow 2023 Students and Families,

We are so excited for Camp COW this year! We have over 180 students signed up, 50 awesome staff members, 1 amazing speaker, and 5 days of fun!!! This year at camp we will be exploring what it means to **loved** by God, **called** into relationship with Him, **transformed** by Him and **sent** into the world to be light.

Before we head off for this amazing week, we'd like to give you a few important details that you need to know!

Check-in for Camp will be at 8:00 am at Christ Church of Oak Brook on Monday June 26th. Please arrive just before 8:00 am to ensure that we can hit the road in a timely manner. For those, bringing medication, over the counter or prescription, **med check-in** will start at 7:45 am. Be sure your child's **Med Authorization Form** has been emailed to Mandy already. You can find the form on our webpage www.ChristChurch.us/CampCOW. If you haven't emailed it to her before check-in, please bring the **completed** form with you ready to hand in at med check-in. We will be heading up in large charter buses to Expeditions Unlimited in Baraboo, Wisconsin for 4 nights of amazing worship, games, and time with friends making life-long memories before returning back to Christ Church on Friday, June 30th around 4:00 pm.

If your son/daughter takes medication, please send it in a ziplock bag clearly marked with name, dosage, etc. Also, please complete the "Authorization to Administer Medication" Form found on our webpage www.ChristChurch.us/CampCOW and email a photo or scanned copy of the form to Mandy by **June 19** at MJanuszewski@christchurch.us.

For the Camp COW snack shop, students will need to use "COW Bucks," pre-paid punch cards, to purchase snacks and souvenirs. **COW Bucks are sold in \$10 denominations and you will need to purchase these online before we leave using this [link](#).** The Camp COW snack shop will not be accepting cash, only COW Bucks This will help us minimize lost money at camp (and allows us to replace lost cards, if/when that happens). Please take note of the following details regarding our punch-card system.

- You can purchase cards online
- No Cash will be accepted at camp even to purchase additional cards
- There will be no refunds – all excess will be placed into the camp scholarship fund for Camp COW 2023

Please contact Mandy at MJanuszewski@christchurch.us if you have further questions about spending money.

We are looking forward to an amazing week together with new friends and old! We have an incredible group of students here in COW and know that God is going to do something incredible at Camp COW. Keep praying that God will provide for us during this week and open the hearts of our students to receive His word!!!

In Christ,

Grace Stevenson, Middle School Ministry Director

Steve Noble, Pastor of Family Ministries

CAMP COW PACKING LIST

PACKING LIST (Space is *extremely* limited, please pack in a bag that would fit easily in an airplane overhead compartment)

Pack clothing that is appropriate for a church camp. Bathing suits, shirts, and shorts should be modest and appropriate for everyone. Thank you in advance!

1. Your Bible and a Pen
2. Sleeping Bag or Twin Sheets and a light comforter
3. Pillow
4. Toiletries(toothbrush, toothpaste, shower supplies, etc.)
5. Towels (one for shower + one for swimming)
6. Modest bathing suit for everyone
7. Shirts and shorts for the week
8. 1 Sweatshirt
9. 1 Pair of long pants
10. Tennis Shoes
11. Underwear and socks
12. 1 Pair of Clothing that can get messy
13. Snack Shop Punch Cards (distributed at camp)
14. Flash Light
15. Sunscreen & Bug Spray
16. Flip flops or sandals for swimming and showering
17. A Refillable Water Bottle
18. 1-2 plastic bags for wet items when packing to come back home

19. NO HEADPHONES / CELL PHONE / ELECTRONICS

20. NO ITEMS THAT COULD BE CONSTRUED AS A WEAPON

TEXT ALERTS

To receive texts from Grace and Steve during the week of camp and exact time of arrival, please subscribe to Remind by texting "@COWTexts" to 81010.

EMERGENCY CONTACT INFORMATION

Grace Stevenson: Middle School Ministry Director - 484.459.8705

Steve Noble: Pastor of Family Ministries - 619.244.2638

Steve Voss: Expeditions Camp Host: 608.434.8677 (ONLY CALL IN AN EMERGENCY)

Expeditions Unlimited: E11844 County Rd DL, Baraboo, WI 53913

Questions or Concerns?

Mandy Januszewski: Student Ministry Assistant: 630-667-4007